Selected references for research studies on weight bias by health care providers

The following list of references provides a selection of peer-reviewed articles that address negative attitudes and weight bias expressed by a range of health care professionals. This includes physicians, nurses, dietitians, psychologists, medical students, and exercise professionals. If you would like to view more research on this topic, please visit the website of the Yale Rudd Center, at http://www.yaleruddcenter.org/default.aspx?id=196.


Blumberg P, Mellis LP. Medical students’ attitudes toward the obese and morbidly obese. Int J Eat Disord. 1980; 169-175.


Maroney D, Golub S. Nurses’ attitudes toward obese persons and certain ethnic groups. Percept


