Antifat Attitudes Scale

Please indicate how much you agree or disagree with each of the following statements:

1. Fat people are less physically attractive than thin people
   a) Strongly Disagree
   b) Disagree
   c) Neither Disagree nor Agree
   d) Agree
   e) Strongly Agree

2. I would never date a fat person
   a) Strongly Disagree
   b) Disagree
   c) Neither Disagree nor Agree
   d) Agree
   e) Strongly Agree

3. On average, fat people are lazier than thin people
   a) Strongly Disagree
   b) Disagree
   c) Neither Disagree nor Agree
   d) Agree
   e) Strongly Agree

4. Fat people only have themselves to blame for their weight
   a) Strongly Disagree
   b) Disagree
   c) Neither Disagree nor Agree
   d) Agree
   e) Strongly Agree

5. It is disgusting when a fat person wears a bathing suit at the beach
   a) Strongly Disagree
   b) Disagree
   c) Neither Disagree nor Agree
   d) Agree
   e) Strongly Agree
Scoring information for the Antifat Attitudes Scale:
Add item responses to obtain total score. Higher scores demonstrate stronger endorsement of antifat attitudes.

For more information on this scale: